

"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23

Dear Garden Park Ward,

I hope you are all doing well and feeling some optimism as we move through these cold, dark months and anticipate spring on the horizon.

This week, Judianne and I watched a movie called *The Electrical Life of Louis Wain*. Louis Wain was an artist who focused exclusively on cats and did much to popularize them as pets. He struggled with mental illness throughout his life, and his wife Emily was an enormous source of comfort and sanity for him. I was touched by an exchange between them as Emily was dying of cancer:

Louis: You make the world beautiful and warm and kind. I just wanted to say thank you for that before it's too late.

Emily: I don't make the world beautiful, Louis. The world IS beautiful. And you've helped me to see that too.

We live in a remarkably beautiful world, even if that beauty can be hard to see at times. And what a gift it is when someone, through their warmth and kindness, helps us see that beauty more clearly. I've learned that through practice and prayer, we can also teach ourselves to see and appreciate the many beauties of this earth experience.

Wishing you all a beautiful month!

Warmly,

Randy Peterson and the Garden Park Bishopric



"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23

First Presidency Message on Covid-19



THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Official Church Announcements



Dear Brothers and Sisters:

We find ourselves fighting a war against the ravages of COVID-19 and its variants, an unrelenting pandemic. We want to do all we can to limit the spread of these viruses. We know that protection from the diseases they cause can only be achieved by immunizing a very high percentage of the population.

To limit exposure to these viruses, we urge the use of face masks in public meetings whenever social distancing is not possible. To provide personal protection from such severe infections, we urge individuals to be vaccinated. Available vaccines have proven to be both safe and effective.

We can win this war if everyone will follow the wise and thoughtful recommendations of medical experts and government leaders. Please know of our sincere love and great concern for all of God's children.

The First Presidency Russell M. Nelson Dallin H. Oaks Henry B. Eyring



"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23

Sacrament Meeting Program-March 6th

GARDEN PARK WARD -Sacrament Westing Program— THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

March 6, 2022, Fast Sunday 10am

Conducting Chris Furstenau
PianistLois Waltman
ChoristerJuliet Chapman
Opening HymnSweet Is the Peace the Gospel Brings, No. 14
Invocation
Ward Business Brother Furstenau
Sacrament Hymn As Now We Take the Sacrament, No. 169
Administration of the Sacrament
Bearing of Testimonies
Closing HymnI'm a Pilgrim, I'm a Stranger, No. 121
Benediction Tia Harrison

Zoom broadcast is concluded

"We know that enduring peace can be found through Jesus Christ.

He can calm and comfort our souls even in the midst of terrible conflicts.

He taught us to love God and our neighbors.

"We pray that this armed conflict will end quickly,
that the controversies will end peacefully and
that peace will prevail among nations and within our own hearts."

— First Presidency Statement on Armed Conflict
25 February 2022

Click here to join zoom March 6th Sacrament Meeting



"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23

Relief Society Message

To get out of a funk that I have been in, I have been taking a class called "Resilience Through Christ; a live, online class to become more emotionally resilient while deepening your relationship with the Savior". (I believe this is the class that our church modeled it's Emotional Resilience class on.)

Principle 3 reads "To feel God's love more easily, practice remembering memories of spiritual light." We were invited to write down memories with the following leads:

- ♥ Your prayer was answered
- ♥ You felt joy in nature
- ▼ You felt the Spirit with music
- You felt divinely protected
- You felt the Spirit in a book, movie, etc.
- ♥ You knew God was aware of you
- ▼ You felt divine help
- You felt that God believed in you despite your imperfections
- ♥ You had a meaningful dream
- ♥ A scripture spoke to you
- ♥ You felt a special moment at church
- ♥ You saw God's hand in your life or the life of a loved one
- A time you felt forgiven and that God still had a plan for you
- A time you gave service and felt the Lord's love working through you
- You were guided to do or say something that blessed a loved one

Recognizing God's hand in my life validated me and God's love for me. It gave me the faith to move forward and believe Christ's promises.

I loved this exercise! Try it! I'd be happy to hear about any of these experiences from you!

Fondly,

Kathy and the Relief Society Presidency



"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23

Relief Society Announcements

MINISTERING ALERT! We will be reworking all ministering assignments next month.

Please take time this month to be with your current ministering sisters!

Evening with Patrick Mason Recording

If you missed our evening with Patrick Mason, but would like to hear his message, you can watch the recording at the link below. Please note that the period is part of the passcode

Click here for Patrick Mason message

Access Passcode: dg9\$77g.

April 12th - Easter Activity

Please join us
for our RS Easter activity,
Capturing Christ.
With the help of a professional artist,
we will each be creating
our own miniature portrait of Christ.

Tuesday, April 12 7-8pm





"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23

Relief Society Announcements

Utah Crisis Food Response To those looking for volunteer opportunities in the Salt Lake area, there is an incredible non-profit organization called Utah Crisis Food Response that delivers food to lower income families, immigrants, those who lack transportation, and those who are homebound due to COVID-19. Due to the recent Omicron variant, demand has shot up, and volunteers are greatly needed on Wednesdays at 12 pm to deliver food boxes. All that is asked of volunteers is to arrive at a local food pantry at 12 pm, pick up several food boxes and deliver to the assigned individuals and families. The commitment typically takes 1 hour and blesses so many people's lives. If you are interested in helping out, you can contact Keith Burns at keithtburns99@gmail.com. You can also just sign up for Wednesday shifts directly on our website at this link: https://volunteersignup.org/W748F.

American Red Cross Blood Drive-https://www.justserve.org/projects/0bfed2c7-6510-4e89-98dd-f11a1e52cde8

Here is one more project in our area. This one is sponsored by the United Way and The American Red Cross specific to the MLK Day of Service week.



#MLK day of service *

1/11/2022 Tuesday NSL Utah Stake (900 S. Eaglepointe Dr.) 1/14/2022 Friday NSL Legacy Stake (954 W.1100 N.) 2/10/2022 Thursday NSL Parkway Stake (55 E. 350 N.) 3/16/2022 Wednesday Woods Cross Stake (790 W. 1500 S.) 3/23/2022 Wednesday Bountiful South Stake (1250 S. Main)

RS Presidency Contact Numbers

Kathy Younker: 801.971.1504 Amy Furstenau: 801.580.8373 Barbara Lund: 801.750.3300 Karli Gillette: 801. 696.4491





"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23

2nd Hour Meeting

This week's 2nd hour meeting will be hosted by our Sunday School and will be held live in the Relief Society Room.

Tomorrow's lesson from the Come Follow Me study manual is linked below:

Come Follow Me: Genesis 28–33, "Surely the Lord Is in This Place"

<u>Please note</u>, zoom links have **not** been planned for these meetings. If you'd like one set up to attend remotely, please contact Kathy Younker or Jeff Merchant who can assist with making that arrangement.





"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23



Happy Birthday!

March 2- Eva Nicoli

March 3-Sheila Privett

March 3-Benjamin Zuro

March 3-Nathan Zuro

March 9-Cathy Graham

March 9-Peter Harrison

March 9-Liam Kerig

March 10-David Anderson

March 10-Harry Daniels

March 11–Thomas Mckean

March 13-Laura Bergen

March 13-Jean Paul Brummer

March 13- Amie Williamson

March 14–John Evans

March 17-Jake Orton

March 18-Kenneth Breinholt

March 18–James Roberts

March 20-Rich Doxey

March 21-Michael Debenham

March 21-lan Gillette

March 21-Robert Maxfield

March 23-Helen Davis

March 23-Vivian Ward

March 24-Bennett Curtis

March 24-Kent Orton

March 25-Ann Robison

March 27-Penny Patch

March 29-Christine Mitchell

March 30-Mae Harrison

March 31–John Jensen



"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23

Ward Announcements

Temporary Modifications to Temple Operations

"As cases of COVID-19 increase in many areas, we want to do everything possible to allow temples to remain open. Therefore, effective immediately, all temple patrons and workers are asked to wear face masks at all times while in the temple. These safety protocols are temporary, based on COVID-19 conditions, and will be rescinded as soon as circumstances permit."

Please click **THIS LINK** to read the full message from the First Presidency.

Sunday, March 13th - Pie (π) Party! Join us after our church meetings on the outdoor patio to linger longer and enjoy a piece of pie in good company!

Stake FamilySearch Center located in the NW corner of the Monument Park Stake Center is open as of October 4th. Masks are strongly encouraged for all patrons and staff. The Family Search Center hours are:

Monday-Friday: 10:00 a.m.-1:00 p.m. Tuesday & Thursday: 1:00-4:00 p.m. Tuesday & Wednesday: 7:00-9:00 p.m.



"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23

Ward Announcements

Church Magazines The First Presidency encourages all members to access church magazines either by print or digital delivery. Church magazines help members learn the gospel of Jesus Christ, study the teachings of the living prophets, feel connected to the global Church family, face challenges with faith, and draw closer to God. Subscriptions for print magazines are available **HERE**. Magazine content can be accessed digitally for free **HERE**.

Temple recommends - We encourage all members to keep their recommends current. <u>Ward Recommend Interviews</u> are being held by phone. If your temple recommend is expired, please contact Mark Hindley, Garden Park Ward Executive Secretary (801.599.8175) to set up a phone interview with the Bishop.

<u>Stake Interviews</u>—A member of the Stake Presidency is available each Sunday from 12:30–2:00 p.m. (except on Fast Sundays, Stake Conference and General Conference weekends) at the Stake Center offices. Please center through the doors at the west end of the building. Those who are unable to meet during these times can contact Scott Hagen (801.824.0640) who will help set up an interview with a member of the Stake Presidency.

TEMPLE UPDATE: Temples in Utah are again open for proxy ordinances. Patrons need to schedule in advance on-line through <u>churchofjesuschrist.org/temples</u>. Patrons are encouraged to bring their own temple clothing, although Temple clothing is available. We are so blessed to again have Temples open around us; some may have appointments available same day, while others may require more advance planning, but the websites, like the Temples, are patron friendly. The Bountiful Temple can be reached directly at (801) 296-2100 for operating hours and to make appointments.



"Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me." D&C 19:23